



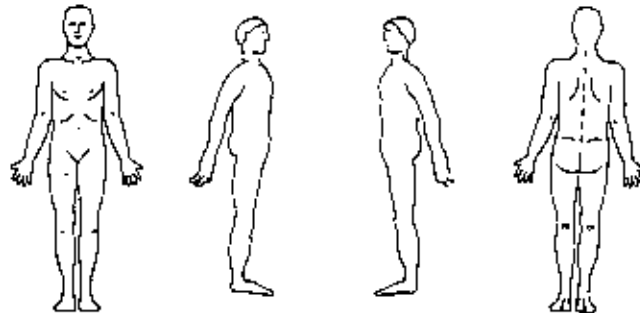
**PHYSICAL ASSESSMENT:**ORIENTED:  Person  Place  Time  SituationLOC:  Alert  Confused  Comatose  Drowsy  Sedated  
 SemicomatoseEYES:  No Problems  Blind  Drainage  Jaundiced  
 Cataracts  
PEARL  Lt.  Rt.EARS:  No problems  HOH  Drainage  Hearing ImpairedMOUTH:  Dry  MoistTEETH:  Good Repair  Poor Repair  Odor  EdentulousSPEECH:  Aphasic  Slurred  ClearSKIN:  Cool  Warm  Diaphoretic  Dry  Cyanotic  Dusky  
 Fragile  Jaundice  Mottled  Pale  Pink  
Turgor:  Good  Poor  
 Other \_\_\_\_\_**RESPIRATORY/CARDIOVASCULAR:** Clear/Nonlabored  HR Regular  Irregular  Gallop  
 Crackles  Diminished  Murmur  Wheezes  Cough  
 O<sub>2</sub> \_\_\_\_\_  S<sub>1</sub> S<sub>2</sub>  Cardiac Monitor \_\_\_\_\_PERIPHERAL  Strong  Weak  AbsentPULSES:  Other \_\_\_\_\_

EDEMA: \_\_\_\_\_

GASTROINTESTINAL: ABDOMEN  Soft  Flat  Distended  
Last BM \_\_\_\_\_BOWEL SOUNDS:  Active  Hypoactive  Absent  
 Other: \_\_\_\_\_GENITOURINARY  Normal  Frequency  Discharge  
 Burning  Hematuria  Dysuria  
 Nocturia  Odor  Incontinence  
 Diff. Starting Stream  Foley Catheter  
 Other: \_\_\_\_\_**MUSCULOSKELETAL:** Paralysis \_\_\_\_\_  
 Amputations \_\_\_\_\_  
 Arthritis \_\_\_\_\_  
 Atrophy \_\_\_\_\_  
 Contractures \_\_\_\_\_  
 Fractures \_\_\_\_\_  
 Numbness \_\_\_\_\_  
 Pain \_\_\_\_\_  
 Tremors \_\_\_\_\_  
 Evidence of neglect/injury \_\_\_\_\_EXTREMITY MOVEMENT:  Normal  Limited \_\_\_\_\_ RA \_\_\_\_\_ LA  
\_\_\_\_\_ RL \_\_\_\_\_ LL**PAIN HISTORY:**Have pain routinely?  Yes  No  Occasional

How Severe? (score 0-6) \_\_\_\_\_

What relieves the pain? \_\_\_\_\_

If you had serious illness or surgery in the past, what pain  
measures were helpful? \_\_\_\_\_A - Dialysis Access D - Decubitus I - Incision L - Laceration R - Rash  
B - Burn E - Erythema IM - Implant P - Petechiae S - Scar  
C - Contusion F - Pacemaker IV - \_\_\_\_\_ OTHER \_\_\_\_\_

STAGE I - Reddened Area \_\_\_\_\_ cm

STAGE II - Blistered/Break \_\_\_\_\_ cm

STAGE III - Subc. Exposure \_\_\_\_\_ cm

STAGE IV - Muscle/Bone Exposure \_\_\_\_\_ cm

Comments: \_\_\_\_\_

**PSYCHOSOCIAL ASSESSMENT**EMOTIONAL STATUS:  Anxious  Depressed  CooperativeMARITAL STATUS:  Married  Widowed  Divorced  SingleOCCUPATION:  Retired  Employed  Disabled \_\_\_\_\_LIVES WITH:  Self  Spouse  Family  Nursing Home  Other

NAME: \_\_\_\_\_

ADL PERFORMED BY:  Self  Family W/Assist \_\_\_\_\_ACTIVITY LEVEL:  AMB  W/C  Cane  Bedrest  WalkerCURRENT USE OF MED. EQUIP. IN HOME  N  Y (list) \_\_\_\_\_CURRENT HOME HEALTH AGENCY \_\_\_\_\_  N/A

WILL THIS HOSPITALIZATION CAUSE PROBLEMS WITH:

 Child Care  Cultural Practices  Religious Practices  Home Life  Finances

ROOM ORIENTATION: Provided to: \_\_\_\_\_

 Bed  Bathroom  SRMC Complaint Procedure  Telephone Call Light  No smoking policy  Unit Managers Name**NUTRITION ASSESSMENT**

Typical Daily Food Pattern: \_\_\_\_\_

Food intolerances: \_\_\_\_\_

Unplanned Loss (within last month) 5-10 lbs = 1  
10-20 lbs = 2  
> 25 lbs = 3

50% Reduction of dietary intake for 5-7 days = 1

Difficulty Chewing/Swallowing = 1

Nausea/Vomiting = 1

Diarrhea/Constipation = 1

Decubitus III, IV = 3

TOTAL POINTS = \_\_\_\_\_

If a score of 3 is identified, a nutrition consult  
is indicated.Dietitian consulted

THIS FORM INITIATED BY: (SIGNATURE/TITLE) \_\_\_\_\_

Input From Significant Other: \_\_\_\_\_

### EDUCATIONAL ASSESSMENT

Communication Deficit, (i.e. aphasia/dysphasia)  Yes \_\_\_\_\_  No \_\_\_\_\_

Physical Disability/Impairments  Yes \_\_\_\_\_  No \_\_\_\_\_

Language:  English Other \_\_\_\_\_ Interpreter \_\_\_\_\_

Emotional Barriers: (i.e. fear anxiety)  Yes \_\_\_\_\_  No \_\_\_\_\_

Literate:  Yes  No \_\_\_\_\_

Motivated to learn/Readiness Level:  Yes  No \_\_\_\_\_

Cultural/Religious practices which may impact learning:  Yes  No \_\_\_\_\_

Other: \_\_\_\_\_

Learned learns best by:  Verbal Instruction  Audiovisual Instruction  Written Instruction  All \_\_\_\_\_

Learned: Patient Family (names/relationships) \_\_\_\_\_

Academic Needs  Yes  Educational Coordinator Notified \_\_\_\_\_

### LEARNING NEEDS

TEACHING NEEDS IDENTIFIED: \_\_\_\_\_

Basic Hygiene: Yes  Specify \_\_\_\_\_

PERCEIVED EDUCATIONAL NEEDS: Do you or your family need information on the following?

Diagnosis/Illness  Medications  Diet  Activity  Equipment  Home Care  Community Resources

Financial Implications of care choices: Need assistance  No  Yes \_\_\_\_\_

Other: \_\_\_\_\_

Educational packet given  Yes  N/A

### DISCHARGE PLANNING:

No needs anticipated  Home Health  Equipment

Anticipate minor changes  Social Services  Home

Major changes  Referrals  With family

Rehab placement  Transportation  Other

Nursing Home  Dietary

### NARRATIVE NOTES

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SIGNATURE/TITLE/DEPT	DATE/INIT	SIGNATURE/TITLE/DEPT	DATE/INIT

## The Morse Fall Scale

SCORE = \_\_\_\_\_

- |                                     |  |   |   |
|-------------------------------------|--|---|---|
| 1. History of Falling               | <input type="checkbox"/> No = 0                        | <input type="checkbox"/> Yes = 25                               |   |
| 2. Secondary Diagnosis              | <input type="checkbox"/> No = 0                        | <input type="checkbox"/> Yes = 15                               |   |
| 3. Ambulatory Aid                   | <input type="checkbox"/> None/bedrest/nurse assist = 0 | <input type="checkbox"/> Crutches/cane/walker = 15              | <input type="checkbox"/> Furniture = 30 |
| 4. Intravenous Therapy-Heparin Lock | <input type="checkbox"/> No = 0                        | <input type="checkbox"/> Yes = 20                               |   |
| 5. Gait                             | <input type="checkbox"/> Normal/bedrest/wheelchair = 0 | <input type="checkbox"/> Weak = 10                              | <input type="checkbox"/> Impaired = 20  |
| 6. Mental Status                    | <input type="checkbox"/> Oriented to own ability = 0   | <input type="checkbox"/> Overestimates/forgets limitations = 15 |   |

A score of > 45 identifies a patient at high risk for falling.

Total \_\_\_\_\_

## BRADEN RISK ASSESSMENT SCALE

<b>SENSORY PERCEPTION</b> ability to respond meaningfully to pressure-related discomfort	1. Completely Limited: Unresponsive (does not moan, flinch or grasp to painful stimuli), due to diminished level of consciousness or sedation OR limited ability to feel pain over most of body surface).	2. Vary Limited: Responds only to painful stimuli. Cannot communicate discomfort except by moaning or restlessness. OR has a sensory impairment which limits the ability to feel pain or discomfort over 1/2 of body.	3. Slightly Limited: Responds to verbal commands, but cannot always communicate discomfort or need to be turned. OR has some sensory impairment which limits ability to feel pain or discomfort in 1 of 2 extremities.	4. No Impairment: Responds to verbal commands, has no sensory deficit which would limit ability to feel or voice pain or discomfort.	SCORE _____
<b>MOISTURE</b> degree to which skin is exposed to moisture	1. Constantly Moist: Skin is kept moist almost constantly by perspiration, urine etc. Dampness is detected every time patient is moved or turned.	2. Very Moist: Skin is often, but not always moist. Linen must be changed at least once a shift.	3. Occasionally Moist: Skin is occasionally moist requiring an extra linen change approximately once a day.	4. Rarely Moist: Skin is usually dry. Linen only requires changing at routine intervals.	SCORE _____
<b>ACTIVITY</b> degree of physical activity	1. Bedfast: Confined to bed.	2. Chairfast: Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair.	3. Walks Occasionally: Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.	4. Walks Frequently: Walks outside the room at least twice a day and inside room at least once every 2 hours during waking hours.	SCORE _____
<b>MOBILITY</b> ability to control change and control body position	1. Completely Immobile: Does not make even slight changes in body or extremity position but unable to make frequent or significant changes independently.	2. Vary Limited: Makes occasional slight changes in body or extremity position but unable to make frequent or significant changes independently.	3. Slightly Limited: Makes frequent though slight changes in body or extremity position independently.	4. No Limitations: Makes major and frequent changes in position without assistance.	SCORE _____
<b>NUTRITION</b> usual food intake pattern	1. Very Poor: Never eats a complete meal. Rarely eats more than 1/3 of any food offered. Eats 2 servings or less of protein (skid or dairy products) per day. Takes fluids poorly. Does not take a liquid dietary supplement. Or is NPO and/or maintained on clear liquids or IV's for more than 5 days.	2. Probably Inadequate: Rarely eats a complete meal and generally eats only about 1/2 of any food offered. Protein intake includes only 2 servings of meat or dairy products per day. Occasionally will take a dietary supplement. OR receives less than optimum amount of liquid diet or tube feeding.	3. Adequate: Eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally will refuse a meal, but will usually take a supplement if offered. OR is on a tube feeding or TPN regime which probably meets most of nutritional needs.	4. Excellent: Eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat or dairy products. Occasionally eats between meals. Does not require supplementation.	SCORE _____
<b>FRICTION AND SHEAR</b>	1. Problems: Requires moderate to maximum assistance in moving. Complete sliding without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance. Spasms, contractures or agitation lead to almost constant friction.	2. Potential Problems: Moves feebly or requires minimum assistance. During a move skin probably slides to some extent against sheets, chair, restraints or other devices. Maintains relatively good position in chair or bed most of the time but occasionally slides down.	3. No Apparent Problem: Moves in bed and in chair independently and has sufficient muscle strength to lift up completely during move. Maintains good position in bed or chair at all times.	SCORE _____	

Note: Patients with a total score of 16 or less are considered to be at risk of developing pressure ulcers. (15 or 16=low risk, 13 or 14=moderate risk, 12 or less=high risk.)

TOTAL SCORE \_\_\_\_\_

For patients with a score of 16 or less, write a "potential for skin impairment" nursing diagnosis on the problem list.